

# LENA DUNHAM GETS HER DREAM ROLE

GUILLERMO DIAZ ON HIS "SCANDAL" CO-STAR. PAGE 13

# metro

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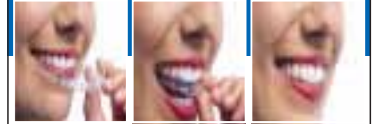
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## Son of Metro's founder, dead at 30

PAGE 08

## Kate Upton shares her beauty secrets

PAGE 18



## Dyer: Jets owner far from 'cheap'

PAGE 21

## Costly commute

**Timetable.** New Yorkers spend an estimated six hours and 18 minutes a week traveling to and from work. That kind of time adds up. PAGE 02

Straphangers squeeze onto the train at the Fulton Street subway station. / MILES DIXON, METRO

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# 1

## NEWS

Top 3

### The best of Metro.us

1 'Man spray-paints face to evade police'

2 'Kate Upton shares her secret for flawless sun-kissed skin'

3 'OMG: Capsula Mundi burial bags allow corpses to become trees'



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# Costly commuting eats into wages

## Strapped.

Traveling more and getting paid less, comptroller's report paints bleak picture.

New Yorkers' longer commute times mean they end up getting paid less for the amount of hours they work, a new report said Tuesday.

The memo, released by Comptroller Scott Stringer's office, reported that full-time employed New Yorkers spend just about 49 hours a week combined commuting to and working at their jobs.

"New York is America's hardest-working city, but it's a one-two punch for lower-wage workers, who get paid less and travel longer to go to work," Stringer said in a statement.

New Yorkers spend an estimated six hours and 18 minutes a week commuting between work and home. Workers in every other major American city average five hours a week.

Few subway riders Metro spoke with were surprised at the idea. Camille Edwards, 46, works at a lower Manhattan hotel and spends about an hour and half on the train to and from her Bronx home — or 15 hours a week if she works a five-day week.

"That's if there aren't

any delays," she said.

The report actually found that among workers clocking in 30 or more hours every week, New Yorkers spend about 42.5 hours, compared to San Francisco's 44 hours and Washington, D.C.'s 43.5 hours.

But add in commute times and New York tops the country for the amount of hours spent in the office and commute.

Derrell Holley, 27, only works part time and goes to school but noted how long anyone spends to, from and at work also depends on what they do for a living and where.

"Starting from the Fulton stop going uptown



The waiting; not only the hardest part, but the most annoying. / MILES DIXON, METRO



Visit **Metro.us** for continued coverage of NYC's transit system.

## Quoted

"Going uptown at 4:30 isn't as bad. After 5 is a different story."

Holley

at 4:30 isn't as bad," he said. "After 5 is a different story."

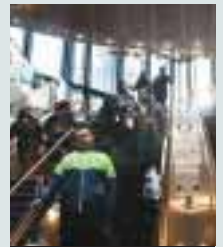
And while full-time workers in the city earned about 16 percent more than employees in other large cities, longer hours hit New Yorkers working in home health care the hardest in their paychecks.

"If New York is going to symbolize the American Dream, we can't be a nightmare when it comes to long hours and commuting," Stringer said. "Our residents deserve better."



CHESTER SORIA  
@chestersoria  
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## Transportation



It's a rat race, and you've been caught.  
/ MILES DIXON, METRO

## Time is money

Most full-time working New Yorkers use the subway to commute — there are about 1.5 million straphangers who spend an average six-and-a-half hours a week in the subway system. Some 55,300 railroad commuters spent closer to 10.5 hours a week.

And when it comes to salaries, those who get hit hardest are employees of the home health care industry. While full-time New Yorkers earn more money than any other city — about 16 percent more — New York City home nurses tend to earn 3 percent less than counterparts in other cities while also working 8 percent more time.

The overwhelming reliance on mass transit means the city needs to keep the MTA on track with both maintenance and repairs as well as expanded service, the report concluded. Stringer said employers adopting flexible working schedules could also help alleviate concerns over commutes and work hours.

CHESTER JESUS SORIA

## Train from L. Rail conditions delay Manhattan-bound commuters for the second day in a row, prompting anger



Entering an "L" mouth / FILE

Commuters on the L train suffered an encore performance of delays Tuesday morning when the previous day's repairs weren't up to snuff.

Manhattan-bound riders spent a second morning in a row in stalled train cars due to rail conditions at the Bedford stop.

MTA spokesman

Amanda Kwan said some trains into Manhattan were forced to turn around at the Bedford stop when a report came in of unusual noises on the track at around 8:40 a.m.

"A nail or screw came loose and caused vibration that concerned our folks," Kwan said.

The loose screw had

only been installed Monday after the MTA said a broken rail shut off service at the same stop for almost three hours. Unlike Monday, service into Manhattan was stalled for about an hour and 20 minutes on Tuesday.

L train rider Shale Maulana bemoaned the L train making her late to work in Manhattan twice

in a week.

"I spent over an hour on a dangerously crowded platform just trying to figure out what was going on. A bunch of contradictory announcements didn't help matters," Maulana said. "Why does it take over an hour of pure chaos for me to move one station?"

CHESTER JESUS SORIA

# St. Paddy's celebrated, protested

Fifth Avenue was a sea of green on Tuesday as an estimated 2 million people watched the centuries-old parade, with another half million marching in it.

With a more than 50 percent chance of rain, the overcast skies stayed dry for the 254th annual parade, led this year by Timothy Cardinal Dolan.

This year is the first year a gay group has been allowed to march in the parade with a banner. The move to include just one gay group, Out@NBCUniversal, led to a protest by the LGBTQ group Irish Queers. The protesters said including a group from the parade's broadcasting partner was inadequate as it failed to include those who identify themselves as gay and Irish.

Mayor Bill de Blasio also sat out the parade.



WENDY JOAN  
BIDDLECOMBE  
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Irish pride conflicted with gay pride along Fifth Avenue, but the Irish sense of humor was on full display. / ALL PHOTOS MILES DIXON

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# Fast-food workers protest conditions

**Burned.** McDonald's employees say company indifferent to safety issues.

Fast-food workers took to the streets Tuesday to denounce the dangerous working conditions that lead to severe burns and other injuries.

The protest, held outside a McDonald's on Fifth Avenue near 33rd Street, came one day after workers in 19 cities filed an Occupational Safety and Health Administration complaint against the fast-food giant, citing hazardous working conditions and lack of protective equipment and access to first aid.

"McDonald's and its independent franchisees are committed to providing safe working conditions for employees in the 14,000 McDonald's Brand U.S. restaurants. We will review these allegations," the company said in a statement sent to Metro.

Demonstrators carried large signs depicting the injuries and chanted, "Been burnt! Been hurt! The bosses tell us get back to work." Many workers said their managers have told them to put burn cream — or condiments like mustard — on the burns.

A photo of Marie



Protesters converged on a Midtown Manhattan McDonald's on Monday. / JENNA POPE, COURTESY EAST FOOD FORWARD

### Facts

- 79 percent of fast-food workers have been burned in the past year.
- 36 percent of workers said their stores don't have stocked first-aid kits.
- One-third were told to treat burns with mustard or other condiments.
- The minimum wage in New York City is \$8.75.

### Quoted

**"We do have first-aid kits, but they're never restocked. When I got hurt, there was only toothpaste, scissors and Tylenol."**

Elizabeth Rene, 25, a McDonald's worker

Yolande Jean Louis's badly burned forearm was on one of those signs.

Jean Louis, who has worked for McDonald's on and off for the past six years, said she got the burn while cleaning a grill at the Suffern store where she works.

"I was washing the grill, and it was really hot, because that's where the meat is cooked, and my arm went up against it and

I was burnt," Jean Louis said.

Jean Louis said Medicaid covered her doctor's visit, and she had to miss seven days of work.

"I thought they would have taken a report and got me to see a doctor," Jean Louis said. "Nothing was done."



WENDY JOAN BIDDLECOMBE  
Wendy.Biddlecombe@metro.us

## Brooklyn. Four teens indicted for cop attack

Four Mill Basin teens have been indicted for beating two off-duty cops after the officers asked them to stop jumping on top of cars in Brooklyn's Bensonhurst section — and one of them responded, "I'll kill a cop!"

"These teenagers allegedly attacked two off-duty police officers who ... simply asked the teens — in the early hours of a Sunday morning — to stop jumping on cars and

making a lot of noise in a residential neighborhood," Brooklyn District Attorney Ken Thompson said.

The four teens, all 17, are: Joseph Nacmias, Jason Chalhoun, Vito Morgera and Michael Peterson.

They are charged in a six-count indictment with second-degree assault, third-degree assault, resisting arrest and unlawful possession of marijuana.

METRO

### The Bronx

#### Attempted robbery

Police are looking for a man who tried to rob a Bronx Chinese restaurant at gunpoint last month.

On Feb. 15, the suspect walked into Number 1 Chinese Restaurant at 1735 University Avenue in the Morris Heights neighborhood, pulled out a gun and demanded cash from the clerk.

He fled when the clerk hid. METRO

### Queens

#### Man tried to lure boy, 11

Cops are on the lookout for a man who tried to lure an 11-year-old boy into his car last weekend in Far Rockaway.

The man, who was driving a black Nissan Altima with chrome trim around the doors, got out of his car around 2 p.m. near Mott Avenue and Bay 24 Street and yelled at him to get in.

The boy fled, unharmed. METRO

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# Five things you need to know

## US Air Force veteran accused of trying to assist Islamic State

A U.S. Air Force veteran has been charged with trying to provide support for the Islamic State militant group, U.S. prosecutors said on Tuesday.

A federal grand jury in New York City indicted Tairad Nathan Webster Pugh for attempting to provide material support to the group and attempted obstruction of justice.

Pugh, 47, of Neptune, N.J., is to be arraigned Wednesday morning in federal court in Brooklyn. Michael Schneider, a



Islamic State / REX USA

court-appointed lawyer for Pugh, said his client would plead not guilty.

Prosecutors allege that Pugh attempted to join Islamic State in January by traveling from Egypt to Turkey and trying to cross the border into Syria.

Turkish authorities sent him back to Egypt, which detained him and subsequently deported him to the United States, prosecutors said. Upon his arrival in Egypt, Pugh was carrying several electronic devices, including a mobile phone that had a photograph of a machine gun, authorities said.

In the United States, federal agents searched his laptop computer and other devices and found recent Internet searches for "borders controlled by Islamic State" and a propaganda video by the group.

Although Pugh was arrested in January, the case had been sealed until Tuesday. **REUTERS**

## Republican congressman Schock resigns

U.S. Representative Aaron Schock, a Republican from Illinois whose Downton Abbey-styled office launched a series of media reports questioning his use of taxpayer dollars, announced on Tuesday that he is resigning from Congress.

"The constant questions over the last six weeks have proven a great distraction that has made it too difficult for me to serve the people of the 18th District with the high standards that they deserve and which I have set for myself," Schock said in a statement. **REUTERS**



SCHOCK / GETTY IMAGES



## Press for action on Secret Service scandal

The U.S. Secret Service director was grilled by lawmakers on Tuesday who demanded to know why the agency, entrusted with the president's safety, was not taking action on agents accused of drunk driving on the White House grounds.

Joseph Clancy told a House of Representatives committee that he has no power to fire officers at will.

He said he would not take action until the Department of Homeland Security's inspector general completes an investigation of the March 4 incident. **REUTERS**

## Premiera Blue Cross breached, medical information exposed

Health insurer Premiera Blue Cross said on Tuesday it was a victim of a cyberattack that may have exposed medical data and financial information of 11 million customers in the latest case of health care company reporting a serious breach.

It said the attackers may have gained access to claims data, including clinical information, along with banking account numbers, Social Security numbers, birth dates and other personal data in an attack that began in May 2014 and was uncovered on Jan. 29 of this year. **REUTERS**

## AG candidate Lynch caught in Senate logjam

The nomination of Loretta Lynch, President Barack Obama's choice to be U.S. attorney general, suffered another potential delay on Tuesday when the Senate failed to end a standoff over abortion and human trafficking legislation.

Democrats who oppose an abortion provision attached to the trafficking bill successfully blocked moves to limit debate, meaning it could drag on and crowd



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# Max Stenbeck, son of Metro's founder, dead at age 30

## Stenbeck's family.

They have asked for privacy and request that any condolences be made in the form of a donation to the American Diabetes Foundation.



Max Stenbeck / BILLY FARRELL/BFANYC.COM

Max Stenbeck, son of Swedish media mogul Jan Stenbeck, and a New York City businessman in his own right, passed away on Monday. He was 30 years old.

Stenbeck grew up on Long Island and attended the prestigious boarding school Choate Rosemary Hall in southern Connecticut (the same school John F. Kennedy

attended).

After studying at New York University, Max Stenbeck focused on co-managing the Kinnevik Group, the parent company of Metro US, among other successful media companies, with his sister Cristina Stenbeck.

Stenbeck's death was confirmed by Kinnevik, who released a statement saying Stenbeck had died from complications of diabetes and that he was "a wonderful brother, beloved finance and devoted uncle."

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## Dzhokhar told his friend about 'very strict' older brother

**Defense.** They contend Tamerlan was the driving force and that his brother followed out of subservience.



Tamerlan Tsarnaev / GETTY IMAGES

Accused Boston Marathon bomber Dzhokhar Tsarnaev told a high school friend his older brother was "very strict" and might not like him because he was not Muslim, the friend testified on Tuesday.

Stephen Silva, who federal prosecutors contend loaned Tsarnaev the gun used in the shooting, said he had long been friends with the defendant but had never met his 26-year-old brother, Tamerlan, who died following a gunfight with police four days after

the bombing.

"He said his brother was very strict, very opinionated, and that since I wasn't a Muslim, he might give me a little s— for that," Silva said.

Defense lawyers opened the trial at U.S. District Court in Boston with the blunt admission that Dzhokhar Tsarnaev had carried out the crimes he is charged with, focusing

their hopes on the jury sentencing him to life in prison rather than the death penalty he could face if found guilty.

Prosecutors called Silva, 21, to the witness stand to discuss the loan of the rusty Ruger P95 handgun they contend was used to shoot dead Massachusetts Institute of Technology police officer Sean Collier on April 18, 2013.

Silva has pleaded guilty to federal gun and drug charges but was offered leniency in exchange for his testimony. He testified he had gotten the gun from a friend, intending to use it to protect his drug business, and also used it in a robbery.

Tsarnaev asked to borrow it, saying he too was interested in committing a robbery, Silva testified.

REUTERS

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## Super Mario mobile. Nintendo ventures into smartphone games

Japanese video game maker Nintendo Co., Ltd. will venture into smartphone games, heeding calls from investors to boost revenue by taking iconic characters like Super Mario to players increasingly shunning its consoles.

Nintendo, which already warned its annual operating profit would halve on weak console sales, said on Tuesday it was teaming up with on-line gaming firm DeNA Co., Ltd. to develop and operate gaming apps.

The two companies will also launch later this year an online membership service accessible on mobile devices as well as Nintendo's existing Wii U console and the portable 3DS.

Investors have long called on Nintendo to shift its focus to mobile devices after losing customers to both smartphone gaming app makers and console rivals



Super Mario / GETTY IMAGES

### Quoted

**"This will allow us to build a bridge between smart devices and gaming consoles. ... It doesn't mean smart devices will eat away at gaming consoles; it will create an entirely new type of demand."**

Satoru Iwata, Nintendo President, told reporters

like PlayStation maker Sony Corp. and Xbox maker Microsoft Corp.

The company had so far resisted these calls, pinning its hopes on hit games such as "Mario Kart 8." But in January, it halved its operating earnings target for the fiscal year through March to 20 billion yen (\$169 million), citing weak 3DS sales in the year-end holiday season.

Under the partnership, Nintendo and DeNA would buy 22 billion yen worth of shares in each other. As a result, Nintendo will acquire a 10 percent stake in DeNA while DeNA will acquire a 1.2 percent stake in Nintendo.

Although Iwata didn't disclose any details about Nintendo's first mobile game, he said it would not be a hand-me-down from the company's famed console titles. **REUTERS**

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1. AMS 700® Patient Manual. Information and Instructions for Patients Considering an Inflatable Penile Prosthesis. American Medical Systems. 2012.

2. Viagra® Prescribing Information, Pfizer Inc. Revised January 2010.

3. Cialis® Prescribing Information, Lilly USA, LLC. Revised October 2011.

4. Levitra® Prescribing Information, Bayer HealthCare Pharmaceuticals. Revised November 2011.

5. Penile prosthesis. <http://www.essm.org/society/esham/males/oral/trauma/penileprosthesis.html>.

European Society for Sexual Medicine (ESSM) Web site. Downloaded May 2013.

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# 2

## CULTURE



### Twitter feed

Today, Jeff Ross feels like a winner, Paris Hilton can't sit still, Forest Whitaker only wants the best for you, Patton Oswalt feels overwhelmed, and Joss Whedon is out for blood.

@realjeffreyross: Nobody at #SXSW is havin as much fun as me.

@ParisHilton: Only been home a few hours from my trip to Hong Kong. Now packing for my flight in the morning.

@ForestWhitaker: One day someone is going to hug you so tight that all of your broken pieces will stick back together.

@pattonoswalt: Oh great, THE UNBREAKABLE KIMMY SCHMIDT is also terrific. I DO NOT HAVE TIME FOR ALL THIS GREAT TV. #dammit

@josswhedon: I'm a strong believer in karma. But definitely the angry, jealous, Old Testament karma



## Some Bieber roast jokes went too far for TV

ALL PHOTOS GETTY IMAGES

These celebrity roasts are generally supposed to find the outer edges of good taste and common decency and obliterate them, with caustic insults being the order of the day. But apparently even jokes that are supposed to go too far can sometimes go too far, as some of the material from Justin Bieber's recent roast has been deemed unfit to air on the March 30 broadcast. So where does Comedy Central draw the line? Jokes about Paul Walker's death, apparently. "SNL" newcomer Pete Davidson, for instance, went with, "Justin got arrested for drag racing. Unfortunately, it wasn't with Paul Walker," which didn't go over too

well with the audience — or with "Fast and Furious" star Ludacris, who was also on hand.

That joke and a few others won't make the broadcast.

"Sometimes the line is discovered by crossing it. The Paul Walker references will not be in the telecast," a Comedy Central rep tells the Hollywood Reporter. But here are a few of the insults that were deemed just fine:

"You literally are a guy who has it all — except for respect, love, friends, good parents and a Grammy." **CHRIS D'ELIA**

"If Anne Frank had heard your music, she would've Uber'd to Auschwitz." **JEFF ROSS**

### Quoted

"When you get to the county jail, hear me, you're gonna be the first dude who ever had a girlfriend and a boyfriend named Gomez."

Snoop Dogg

## Dolce & Gabbana calls Elton John a fascist

Oh yeah, Elton John? You're going to boycott Dolce & Gabbana because of their outrageous comments about gay parents having "synthetic" children? Well, that apparently makes you a fascist. In a follow-up interview with Italy's Corriere della Sera, Stefano Gabbana is just plain shocked that John would react so strongly. "I didn't expect this, coming from someone whom I considered —

and I stress 'considered' — an intelligent person like Elton John. I mean, you preach understanding, tolerance and then you attack others? Only because someone has a different opinion?" the designer says. "It's an authoritarian way of seeing the world. 'Agree with me or, if you don't, I'll attack you.' I even posted the word 'Fascist' on his Instagram." And that's not a word he throws around lightly.



Dolce and Gabbana, and a group of women who are most likely not gay parents with their "synthetic" children.

## Azealia Banks: 'He choked me and beat me up'

Azealia Banks has the tendency to shock the public in every interview she gives, and her Playboy cover interview is no exception. In it, the rapper reveals that when she was 17, she dated a 43-year-old who physically abused her. "He choked me and beat me up, and of course you should not be f-ing with a man who puts his hands on you, but I was stupid and young," Banks says, adding though that she still loves older men. As a bonus, she also hates



Loves older men, hates real America.

everything about America and wants to leave the U.S. "I hate fat white Americans," she says. "All the people who are crunched into the middle of America, the real fat and meat of America, are these racist conservative white people who live on their farms. Those little teenage girls who work at Kmart and have a racist grandma — that's really America."

EMILY LAURENCE

### Daily video

## Matthew McConaughey and Jimmy Kimmel hit SXSW

While in Austin for SXSW, Jimmy Kimmel decided to help out a local small business with a big budget TV commercial, enlisting Oscar-winner and native Texan Matthew McConaughey to shill for delightfully old-fashioned Vulcan Video. "We have to show people what's special about this video store, other than the fact that it still exists," Kimmel



JIMMY KIMMEL LIVE, YOUTUBE

declares. The results are ... questionable.

# THE WORD

Ned Ehrbar takes on the world of gossip.

NED EHRLAR  
@Nedrick  
ned.ehrbar@metro.us

## Emile Hirsch gives good mug shot



Emile Hirsch makes one dapper perp. The actor headed back to Park City, Utah, to answer for assault charges stemming from a fight he had with a female producer at a Sundance Film Festival party in January, and he certainly decided to look his best for the occasion. Hirsch's mugshot practically looks like a new headshot — and who knows, maybe he'll start using it as one. At least he seems calm, considering he's facing a potential five years in prison and a \$5,000 fine.

# Ready for a 'Girls'/'Scandal' crossover?

## Interview.

Guillermo Diaz is ready to swap now that Lena Dunham is on "Scandal."

In the world of "Scandal," everyone is hiding something, but Guillermo Diaz's Huck seems to be particularly tortured about his past. Last week's episode saw him finally begin to come forward about his activities in the secret government agency B613, and go on the record about what had happened to him. We caught up with Diaz to talk about what all this means, how weird it is to know Huck's real name and what he could tell us about this week's very special guest star.

### So how does it feel to finally learn Huck's real name?

It felt good. It felt a little bit strange. I'm pretty attached to the



GUILLERMO DIAZ  
GETTY IMAGES

name Huck, so it was a bit odd to find out that his name was Diego. It was very unexpected.

### Has everyone started calling you Diego now instead of Huck?

A lot of people on Twitter are saying, "Do you mind if we keep calling you Huck?" and I'm like, "Yeah, fine, either way." I think people are, even on the show, in episodes

we've done after that one, still calling me Huck, so I don't know if Diego's going to stick.

### Does it feel a little bit like your character arc all along has been building to this big moment for Huck?

When you see Huck on the street, he always looks like he's in some sort of emotional pain, like there's something

going on behind the eyes the whole time. I think keeping that secret, and not thinking that B613 screwed him up so badly that a lot of the time he didn't know if him having a wife and a child was all in his head, if it was real or not real, has been a battle for him for so long.



LISA WEIDENFELD  
@LisaWeidenfeld  
lisa.weidenfeld@metro.us

## New co-stars



LENA DUNHAM  
NICOLE WILDER, ABC

### What can you say about Lena Dunham being on the show this week?

I can say that she's awesome. I can say that she plays a character that we haven't really seen her do before. She's a very confident woman on the show, very different from her character on "Girls." What else? She's quite sassy and straightforward.

### Have you guys all seen the "SNL" spoof she did where she was on "Scandal"?

We were so thrilled. I'm a huge fan of "Saturday Night Live," and you know what they say — once "Saturday Night Live" starts imitating you or whatever show you're on, then you've made it.

### Now that she's been on your show, will we see you pop up on "Girls" next season?

I would love that! I want to be Hannah's rebound guy now that she broke up with Adam. I want to be the guy that she just screws just to get over him, you know? Why not?

Watch "Scandal" (and Dunham's big appearance) Thursday at 9 p.m. on ABC. / ABC

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# SXSW: Sally Field tackles Hollywood sexism and ageism

**Interview.** The Oscar-winning actress returns to her comedy roots with "Hello, My Name Is Doris."

Veteran actress Sally Field wowed audiences at SXSW with her star turn in director Michael Showalter's delightful "Hello, My Name Is Doris," playing an earnest wallflower who becomes the toast of Brooklyn hipster culture. It's a sprightly, comical role, and while Field got her start in light-hearted fare, she's been playing more dramatic roles lately.

But, as she is quick to point out, that's not at all voluntary. "How many times do I get offered comedic scripts? It isn't even that. How many times do I get offered anything worth considering, be it comedic or serious or anything? Welcome to the world," Field says.

"There's an ageism thing all over the place. Certainly it isn't just about comedy, and it isn't just about Hollywood," she explains. "It's certainly illustrated in Hollywood, but there's a dearth — as I think maybe you've heard — a dearth of roles for women. And no roles for women of age that aren't just simply about being old, you know? So to find

something like 'Doris' that's just so unique, that's really about people in different stages of their life who become friends, is wonderful."

While he agrees with that assessment of the state of the industry, Showalter for his part thinks his star might be overlooking one crucial mitigating factor when it comes to analyzing the offers she's receiving. "I bet, too, with her there's people that wouldn't even con-



Sally Field charms Brooklyn hipsters in 'Doris.' / SEACIA PAVAO



SALLY FIELD AND MICHAEL SHOWALTER

TRAVIS P BALL

## Quoted

"There's an ageism thing all over the place. Certainly it isn't just about comedy, and it isn't just about Hollywood." Field

sider [offering her a role]," he says. "They'd be like, 'Well she won't do it.' I'll bet there's an element of that. That she would seem unattainable."

For the record, Ms. Field would like everyone to know that she is in fact attainable — provided the script is good enough.

**NED EHRBAR**  
@Nedrick  
ned.ehrbar@metro.lu



VIVIEN KILLILEA

## The coolest thing we saw today at SXSW

SXSW festival-goers suffering from dying phone batteries were in luck this year, as gadget company Mophie enlisted some adorable St. Bernards to trek out to them with mobile chargers hidden in barrels around their necks. Some cuddling required. NE

## The Weekly Yelp. Bars that know their beer

Spring is so close you can taste it! It might not be T-shirt weather yet, but these Manhattan beer destinations will get you in a sunshiny mood.

### Alphabet City Beer Company

96 Ave. C, East Village

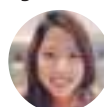
This charming little craft beer bar/craft beer seller/cheese shop is one of my happiest finds. **CHUCK C.**



### Arts and Crafts Beer Parlor

26 W. Eighth St., Greenwich Village

I am not a fan of loud sports bars where I can barely hear anything spoken by someone sitting next to me. Arts and Crafts Beer Parlor in Greenwich Village solves this problem by creating a bar reminiscent of your cozy living room. **JANE S.**



### Proletariat

102 St. Marks Place, Alphabet City

You can get half pours and full pours of the beers on draft. I love that feature! I was able to try a beer without fully committing to it... sort of like dating? **LIZ B.**



### Hell's Kitchen

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# James Randi is still 'Amazing'

**Interview.** The legendary magician talks about his new documentary, "An Honest Liar," and anti-vaxxers.

Magician and professional skeptic James Randi has spent his life doing magic or busting those who con for real, including self-proclaimed psychic Uri Geller and evangelical Peter Popoff. His exploits are detailed in "An Honest Liar," which showcases not only his tricks but also his usually hidden personal life. Even at 86, he still gets angry at climate change deniers and anti-vaxxers.

**What kinds of reactions have you received from screenings of this?**  
You'd be amazed, or I'm amazed — even though I'm amazing as well — I'm

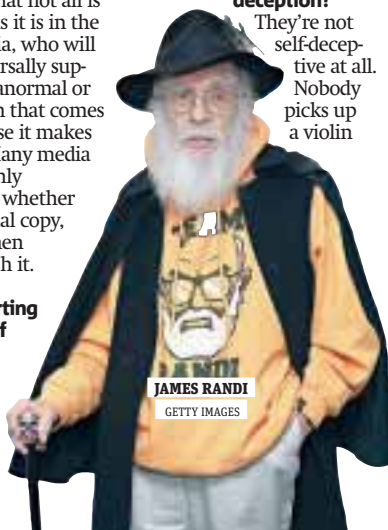
amazed to find that they take me by the hand, with tears in their eyes, saying, "You've made a great change in my life." You cannot buy that. But I feel a responsibility to folks who weren't exposed to the skeptical point of view and realize that not all is as it seems, as it is in the general media, who will almost universally support any paranormal or psychic claim that comes along, because it makes good copy. Many media outlets are only interested in whether it's sensational copy, and if it is, then they'll publish it.

**It's disconcerting to see Popoff still making a living after you exposed him years ago.**  
He's big on the Internet.

All the fakers have taken to the Internet like ducks to water. They're in there, all right. And they're taking full advantage of it.

**Do you get the sense that people like Popoff have some degree of self-deception?**

They're not self-deceptive at all. Nobody picks up a violin



JAMES RANDI  
GETTY IMAGES

## Bonus question

**What are the big swindles these days that really get you worked up?**

The Internet, of course, can be used for good or for evil, if you will. The thing I'm worried about now is global warming. Global warming is with us. How long it's going to last and how much damage it's going to do, those are other matters altogether. But it

seems very evident that global warming is here and it's something that must be dealt with, and everything we can do to decrease the effects that humanity has on producing global warming must be done.

Another thing is vaccination denial. The anti-vaxxers are the ones that really get to me, because they are killing children. Children are going to die

from measles and other diseases we thought we had conquered. Vaccination, all over the earth, has saved millions of lives. Now you have celebrities out there, like Jim Carrey — now there's an expert for you. He knows all the technical terms, I'm sure. Carrey is a great entertainer; I've been a fan of his for years. But I don't listen to him on medical matters.



Johnny Carson regularly had magician "The Amazing" James Randi as a guest on "The Tonight Show."  
ABRAMORAMA

for the first time and plays Mendelssohn's "Violin Concerto." It takes years of practice in self-denial to do that. These people are playing the violin beautifully. The instrument they're playing is human credulity.

**Same with Uri Geller?**

No, no, he knows exactly what he's doing. He can't bend a spoon consciously between his hands by trickery and misdirection without knowing what he's doing.



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**Facts**

## Why compost

Organic waste makes up about 31 percent of New York City's residential and institutional waste stream, according to the Department of Sanitation.

# Compost confidential

**Recycle.** Turn your food scraps into fertilizer — even if you live in the city.

Don't throw that apple core away — put it in the compost and give it a chance at eternal life.

Before you say “ewww,” read on.

Lee Meineke, founder and owner of Philly Compost, first recycled food scraps as a kid in Oregon. She encourages compost virgins to flex muscles they've already developed with regard to other parts of the waste stream.

“Hopefully, they already sort out their stuff for recycling,” says Meineke. “It's the same thing. Instead of throwing

things away, because there is no ‘away’ — it has to go somewhere — you can recycle your food scraps just like you recycle your paper and plastics.”

For beginners, the easiest path to composting is to simply save food scraps in the freezer and then drop them off at a collection site — often a farmers market or a local garden. You'll be providing the essential raw materials for the compost heap. The food waste — no meat, fish or dairy, please — will be mixed with dried leaves to create an active pile of decaying matter, which, after it's “cooked,” will help plants grow big and beautiful.

Composting really refers to the act of putting something in an active compost pile (at a garden or in a worm bin) where it

**Quick and dirty**

## What it is

Compost refers to decayed organic matter used to help fertilize plants, gardens and trees. It's also the name of the process by which things like vegetables and fruit scraps and tea bags break down and become compost. And, yes, you can be part of the process even if you live in an apartment.

will decompose. The benefits include improving soil quality of community gardens and reducing the load on landfills and trash incinerators. When it comes to leftover organic material, “there's no good place for it to go,” says Meineke, “except for it to be recycled.”

If you're returning unused bits of fruits and vegetables to the food chain, “keeping it as local as possible is the best way,” said Teddy Tedesco, project manager at the NYC Compost Project hosted by Brooklyn Botanic Garden. Saving rinds and peels can actually be fun and gratifying. “If you freeze them, you won't know they're there,” says Tedesco. “That's a great way to avoid the ickiness that comes with rotting food scraps.”

LAURA SILVER  
@metronewyork  
letters@metro.us



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**Urban dwellers**

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Compost expert Teddy Tedesco's top tips for getting food scraps to a peaceful — and productive — resting place:

- **Squiggle and wiggle.** If you're into creepy crawlies, go straight for the worm bin.
- **Stash and dash.** Keep your food scraps in the freezer, then drop them off at a Greenmarket or community garden.
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away — or if you're in one of the New York City neighborhoods with brown Organics Collection bins, drop them in there.

#### Market watch

##### Priciest



**\$45M**

#### 10 Sullivan St. PH.

The most expensive property to come onto the market this week is a condo in SoHo, marketed by Douglas Elliman. This triplex penthouse unit offers six bedrooms, seven bathrooms and three walls of floor-to-ceiling windows. It features luxury amenities such as a private roof deck with outdoor kitchen and an indoor pool.

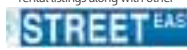
##### Cheapest

**\$275K**

#### 160 E. 26th St. 1F

The least expensive property this week is a co-op in Kips Bay, marketed by Halstead Property. This studio offers hardwood floors, a walk-in closet, a kitchenette and a renovated bathroom.

StreetEasy.com is a New York based Real Estate information portal that aggregates the most comprehensive set of sale and rental listings along with other



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| • Laser hair removal  | \$25 <b>FREE</b> Paraffin foot treatment     |

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**Beauty routine.**

The model and actress brings a splash of the Sunshine State to her gig for Bobbi Brown.

Kate Upton — known for her killer curves — is the face of beauty brand Bobbi Brown. The bodacious blonde, who was featured on the 2012 and 2013 covers of *Sports Illustrated*, shares her top tips for getting a “model” complexion.

**What is your beauty regimen?**

I prefer a natural look day-to-day. I’m a Florida girl and love looking like I’ve been in the sun. On a daily basis, I use Bobbi Brown Bronzing Powder, the Pot Rouge for Lips & Cheeks in pale pink and the Smokey Eye Mascara. I spend a lot of time on planes, so I have a few essentials with me at all times, including mascara and concealer — they fix me when I’m feeling and looking tired from too much traveling.

When it comes to my hair, I like Oribe Conditioner for Moisture & Control — it smells amazing. I also use Leonor Greyl hair masks.

**What are the skin care products you swear by?**

I always wash my face, tone, then apply a moisturizer. I use Dr. Hauschka Cleansing Cream to wash my face. It’s got a bit of a

# Kate Upton: The secret to flawless sun-kissed skin

Get Kate Upton's glow with pink blush. / PROVIDED



BOBBI BROWN  
POT ROUGE  
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I like using Bobbi’s CC Cream because it’s a one-stop shop: it moisturizes, leaves behind a nice tint, while protecting your skin with SPF 35. My mom also taught me to wash and tone my face every night. No matter what time I get home, I go straight to the sink to wash and tone. I’m like a robot.

Also, Bobbi showed me that a little pink blush can go a long way.

**Who is your beauty icon?**

Lauren Hutton. She has this wonderful inner beauty about her. I also like that she keeps her look so natural and clean. Audrey Hepburn is another icon of mine. She was so glamorous, beautiful, and had a great sense of style.

**What’s your favorite red carpet look?**

I like to switch it up. I enjoy playing dress-up and putting on different faces for different events. Great skin with dramatic lashes is my favorite red carpet look.



ELODIE NOEL  
MWN

**Diet****Do you have any secrets in your diet that help to give you such a beautiful complexion?**

I try to eat clean and healthy. I’m lucky because I actually like the food I eat. I love fish or chicken, grilled vegetables, sautéed spinach with feta cheese and a good green juice.

**Do you moisturize, scrub and work out?**

I work out three times a week, usually with David Kirsch at the Madison Square Club. He’s such a positive person, and he makes me feel great, although I’m not a super on-time person, and he always says, “Get here 15 minutes early!” But I walk out of his gym feeling amazing, even though I’m a sweaty mess.

In terms of product, for body, I moisturize

with Bliss Lemon + Sage Body Butter. I also love to get facials — it’s one of my favorite things to do. I have really sensitive skin, and whenever I’m on a modeling job, it gets very irritated because they use a lot of different products.

**What is the best beauty advice you’ve gotten?**

Growing up in Florida, my mom made a point to put sunscreen on us, so I picked up that routine early on — it’s essential.

**What about your body?**

rough texture to it, so it gently exfoliates while it cleanses. I love it because I’m left with supersoft skin. Bobbi’s Hydrating Gel Cream is my go-to because it’s superlight and doesn’t cause my skin to break out. I always follow with sunscreen.

For some extra care if I’m in New York, I’ll go to Christine Chin Spa for a facial. I love her microdermabrasion treatment.

## Her must-haves



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# Detox the alkaline way

**Diet.** A tasty cleanse might sound like an impossible dream, but that's the motto of Honestly Healthy.

Natasha Corrett wants to reassure you that detoxing doesn't mean you have to do a liquid-only cleanse.

"I don't like to use juicing fasts," says the founder of the alkaline diet resource Honestly Healthy Food.

It's a sentiment shared by nutritionist Dr. Larry Dibo-Cohen. "Cleansing diets are usually badly unbalanced and don't contain enough protein," he tells us.

Honestly Healthy is a resource for living an alkaline life — that is, keeping the body's pH levels from fluctuating. The pH in our body can vary considerably from one area to another, with the highest acidity in the stomach (1.35 to 3.5 pH) and lowest in the pancreas (8.8 pH).



Natasha Corrett  
LISA LINDER

## pH balance

- **Alkaline foods:** Most fruits and vegetables such as leafy greens, lemon, avocado, berries and grapefruit.
- **Acidic foods:** Most animal-based food (fish and meat, dairy, cereals) and processed products.

Modern diets, especially those that include a lot of processed foods, are much more acidic than what we ate before the Industrial Revolution, which alkaline diet advocates say is the cause of common skin and stomach issues.

A study published in the Journal of Environmental and Public Health in 2012 established that alkaline diets had a number of health benefits, such as improving cardiovascular and bone health, memory and thinking, as well as preserving muscle mass and staving off high blood pressure and stroke.

Corrett's diet, outlined in her book "Honestly Healthy Cleanse," focuses on "a more gentle cleanse with delicious food, which is more likely to fit into your life."

We asked the gourmet vegetarian cook to share one of her bulge-busting alkaline recipes.



ELODIE NOËL  
MWN

## Ingredients

### For the salad:

- 2/3 cup cashews
- 1.5 cups cucumber, cut into small cubes
- 1 large handful sprouts
- 2 large handfuls arugula
- ¼ red onion, finely sliced
- 2 spring onions, finely sliced at an angle
- 2 tbsp. chopped coriander
- 1.5 cups tempeh, cut into small cubes
- 1 tsp. sunflower oil

### For the dressing:

- 2 tbsp. rice vinegar
- 1 tsp. agave syrup
- 1 tsp. toasted sesame oil
- 1 tsp. tamari
- 1 clove garlic, finely chopped
- ¼ large red chilli, finely chopped
- Juice of one lime and finely grated zest of half
- Pinch of Himalayan pink salt

## Recipe. Cucumber and tempeh salad

*"This nutritious dish is one of my favorite Asian-flavored salads. If you can get your hands on some mizuna leaves, you can use these in place of the arugula for a super-summery taste. As tempeh is a great source of protein, you can add a handful to any salad you like for a fantastic post-workout protein kick."*



**1** Start with the dressing. Place all the ingredients except lime juice and zest in a saucepan and heat gently for 3-4 minutes. Remove from the heat and set aside.

**2** Toast the cashews, then transfer them to a bowl along with the cucumber, sprouts, arugula, onion, spring onions and coriander.

**3** Return frying pan to the heat and cook the tempeh cubes in the sunflower oil until golden brown on all sides.

**4** Add the tempeh to the bowl, then add the lime juice and zest to the dressing in the saucepan.

**5** Toss the salad together, transfer to a platter and then drizzle with the dressing.

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## Horoscope

**Pisces | Feb. 19-March 20**

Dedicate some hard work toward improving your credentials. More opportunities will be the culmination of your efforts.

**Aries | March 21-April 20**

Your independence is commendable, but don't run yourself ragged trying to do everything. People you have assisted in the past will help you if you ask them.

**Taurus | April 21-May 21**

Letting personal problems interfere with your work will not sit well with others. Poor concentration on the job will be costly.

**Gemini | May 22-June 20**

Don't fall for the latest products that promise unrealistic results. Proper diet, adequate rest and exercise will bring benefits.

**Cancer | June 21-July 22**

Go through your personal documents thoroughly and make adjustments that will offset your taxes. Organized paperwork will bring you peace of mind.

**Leo | July 23-Aug. 22**

Before you decide to sever a partnership, ask yourself what the consequences will be and if there is anything you can do to make it work.

**Virgo | Aug. 23-Sept. 22**

Moderate investment strategies will be required. Excessive spending on trivial purchases will eat into your savings.

**Libra | Sept. 23-Oct. 22**

You have what it takes to get ahead. Rid yourself of bad habits, and make changes that will lead to success. Stop thinking and take action.

**Scorpio | Oct. 23-Nov. 21**

Make amends with anyone you have been treating poorly. Admit the error of your ways and resolve to be more amicable.

**Sagittarius | Nov. 22-Dec. 21**

Any dishonesty on your part will leave you in an awkward position. Face problems head-on.

**Capricorn | Dec. 22-Jan. 20**

Consider starting a small business on the side. An idea you have that could make people's lives easier will be prosperous.

**Aquarius | Jan. 21-Feb. 18**

Your love life will be uncertain. Give yourself plenty of time to respond to your options. An emotional state of mind will limit your ability to think clearly.

EUGENIA LAST

## Letters to the editor

**Race issues cloud stories**

**Re: Binding wounds doesn't mean burying reality (Metro, March 17)** Yesterday's Metro included two letters, both negatively addressing a previous letter by Sal Giarranti who supports the police. One letter personally blames Giarranti for not doing anything (I'm pretty sure letter-writer Thomas Wilson has no clue what Sal's feelings are towards bad cops.)

A few racist emails is the most evidence they got. The statistics used compare black motorists to white motorists. That is not an accurate study. Previous studies have shown that blacks die in car accidents, speed, break motor vehicle laws at a higher rate than whites. A simple black driver/white

driver is not going to produce accurate statistics. The real problem is being overlooked due to race being injected into this story. Why was the City of Ferguson ordering its PD to write so many tickets? People have resigned and the media will be happy with those stories for a while but Ferguson was only investigated because of the Mike Brown "hands up" lie. How many police departments across the country are writing tickets in order to bolster the budgets of the cities they are supposed to protect? We won't know because when race becomes part of the story, everything else gets overlooked.

KEVIN METZ

## letters@metro.us

Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

## Sudoku: Easy and hard

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 8 |   |   |   |   | 9 | 2 | 4 |   |
|   | 4 | 9 | 2 |   | 1 | 3 | 6 |   |
|   |   |   |   |   |   |   | 7 |   |
|   |   | 2 | 6 | 4 |   |   |   |   |
| 4 |   |   |   | 5 |   |   |   | 8 |
|   |   |   | 9 | 7 | 6 |   |   |   |
|   | 9 |   |   |   |   |   |   |   |
|   | 7 | 6 | 4 |   | 8 | 1 | 9 |   |
|   | 3 | 8 | 9 |   |   |   |   | 2 |

|   |   |   |   |   |   |   |   |  |
|---|---|---|---|---|---|---|---|--|
|   | 1 |   |   |   | 4 |   |   |  |
|   |   | 4 | 3 | 9 |   | 6 | 5 |  |
|   |   |   | 2 |   | 8 |   |   |  |
|   |   |   | 4 | 9 |   |   | 8 |  |
| 6 | 9 |   | 8 | 5 |   | 1 | 4 |  |
| 5 |   |   | 7 | 3 |   |   |   |  |
|   |   | 9 |   | 2 |   |   |   |  |
| 7 | 2 |   |   | 4 | 6 | 5 |   |  |
|   |   | 5 |   |   |   | 2 |   |  |

## How to play

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

## Crossword

## Across

- 1 Birthday-cake must
- 5 Window-frame part
- 9 Zodiac sign
- 14 Not pro
- 15 Comics canine
- 16 Repeatedly
- 17 Nature's bandage
- 18 Slow pitches
- 19 Deceitful cunning
- 20 Shade provider
- 22 Hooky players
- 24 Thorax
- 26 She may brood a lot
- 27 Leaned backward
- 30 Darn cute
- 35 Curie or Antoinette
- 36 Bard's river
- 37 Cement section
- 38 Citrus cooler
- 39 Fussed over oneself
- 42 PD dispatch
- 43 Steel- boots
- 45 Blows it
- 46 Dentist's request
- 48 Like oysters in November, say (2 wds.)
- 50 Preserved beef
- 51 Dark brew
- 52 Pipe up
- 54 Authoritative order
- 58 Treadmill user
- 62 Ess moldings

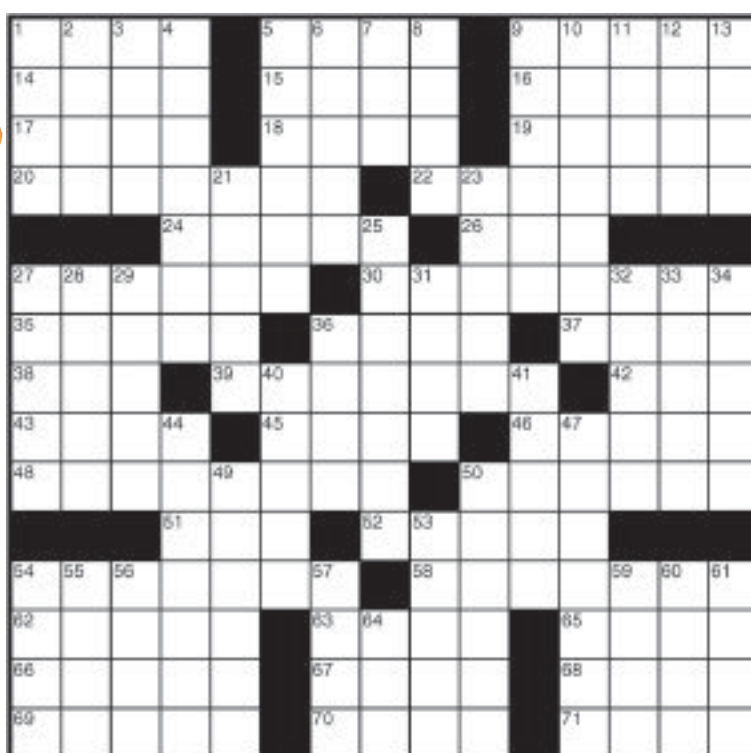
## Down

- 63 McCartney's "— People"
- 65 Chaplin's wife
- 66 Narrow crack
- 67 NE state
- 68 Rocker — Jagger
- 69 Style of Latin American music
- 70 Pentathlon event
- 71 La femme
- 1 Yellow jacket
- 2 Cuzco inhabitant
- 3 Black hole, once
- 4 Brazier
- 5 Flew alone
- 6 Goddesses' statues
- 7 Ad — (wing) it
- 8 In case
- 9 More fuzzy
- 10 Edible lizards
- 11 Common Seattle forecast
- 12 Thin gold layer
- 13 Some binary digits
- 21 Wool suppliers
- 23 Geneva's river
- 25 Inns
- 27 Violin name
- 28 Dangerous gas
- 29 Subarctic tribe
- 31 Puts on

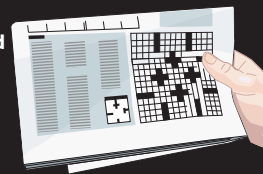
- 32 Fake bullet
- 33 Slip back
- 34 Dwindled
- 36 "Space" lead-in
- 40 Odometer button
- 41 Reverie
- 44 Makes numb
- 47 Trying
- 49 Iditarod locale
- 50 Actress — Triplehorn
- 53 Make a call
- 54 Soft shoes
- 55 — Khan
- 56 Astronaut — Armstrong
- 57 Livy's "Lo!"
- 59 Elbow grease
- 60 SASE, e.g.
- 61 Do a fall chore
- 64 Swab the deck



## Yesterday's answer

Visit us online at **Metro.us**.

Use your smartphone to find today's crossword answers! Download and open the Blippar app on your smartphone and hold the screen over the puzzle.



# 'CHEAP' LABEL NO LONGER FAIR FOR JETS, JOHNSON

Guess Woody Johnson can't be called a cheap-skate any longer.

In the span of one week, Johnson's ownership of the New York Jets went from laughingstock to straight-up baller level, with the much-maligned owner suddenly a hero of his fan base. There was the idea last year that Johnson was going thrifty on the team, signing players by using coupons and failing to land a big-name player last offseason.

Then there is Johnson this year, opening up the checkbook for Darrelle Revis and Antonio Cromartie, as well as giving the thumbs up on trading for Brandon Marshall, another high-price-tag acquisition. He's Ebenezer Johnson no more.

The fact is, Johnson has been anything but cheap throughout the history of his ownership of this Jets franchise. And he's owed an apology for things hurled against him last year. There's the pricey free agents and draft picks he's signed before, bringing in players such as Brett Favre, Calvin Pace, Alan Faneca, Santonio Holmes, Plaxico Burress and Braylon Edwards among others, via free agency



Darrelle Revis got paid last week, thanks mostly to Woody Johnson. / GETTY IMAGES

## Opinion

**KRISTIAN DYER**

@KRISTIANRDYER



or trade. And there were long-term deals for draft picks that have made them long-term Jets, ensuring that the likes of D'Brickashaw Ferguson and Nick Mangold, as well as David Harris — to name a few — are going to be Jets for life ... or pretty close to it.

And as foolish as that big-money deal for Mark

Sanchez was a few years back, it was nonetheless a commitment from an owner, in terms of big money. That it wasn't smart doesn't negate the zeros at the end of that contract.

Go ahead and question some of those moves, that's your right as a fan. Some of them are still head-scratchers and never made sense, but one thing most of them weren't was cheap. Also, there is a facility in Florham Park that is among the best in the league. Johnson spent plenty of his own green to get those fields that plush, and built an immaculate facility. But he's a cheapo, right?

The truth of the matter is that Johnson was handcuffed last year by a general manager who seemed hesitant to spend and land the marquee player. That the Jets struck out on several key free agents last year wasn't Johnson's fault as the checkbook was primed and ready for his signature.

Jets fans likely will have more to cheer about this year. One of those things should be Johnson, especially after an offseason where he again showed his commitment to building a winner.

# 3

## SPORTS



NHL

### NHL may change OT format

The NHL may be on the verge of going 3-on-3 when its games reach overtime in the regular season. The league's GMs recommended a new format for OT games Tuesday. Currently, the NHL's overtime format is 4-on-4 for five minutes. If there is no goal scored in the OT, the game goes to a shootout.

## Sports news you need to know

### NFL player quits because of head trauma concerns

At just 24-years-old, Chris Borland is done playing football. The former 49er said he is retiring because of concerns about head trauma.

"I just honestly want to do what's best for my health," Borland told ESPN. "From what I've researched and what I've experienced, I don't think it's worth the risk."

Borland was set to make \$540,000 in salary next season. **MATT BURKE**

### Former Bills star lands in San Diego

Stevie Johnson agreed to a three-year deal with the San Diego Chargers Tuesday, instantly becoming a top target for Philip Rivers.

Johnson was once one of the elite wide receivers in the AFC, ripping off three straight 1,000-yard receiving seasons with Buffalo. But he struggled in his last season with the Bills and registered just 35 catches with San Francisco in 2014. **METRO**

### Cowboys show interest in Hardy

Controversial free agent defensive end Greg Hardy is "engaged in ongoing negotiations" with the Dallas Cowboys, according to ESPN's Adam Schefter.

The Buccaneers and Seahawks are also said to be interested in Hardy.

Hardy's stock plummeted this past year after he was arrested and charged with assaulting and threatening to kill his ex-girlfriend. **MATT BURKE**

|                                                              |                                             |                                                               |                                                                           |
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